

# PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 13:15 until 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 31: 50M FREESTYLE MEN 13+ Heat:3, starttime: 14:18**

**Heat: 3/9 Lane : 2 Athlete: MANNAERTS MATHIAS Q-time: 00:31:74**

**PB (50m pool): 00:31.74 Mol 22/06/2025 PB (25m pool): 00:29.70 SB: no time**

	<b>50 M</b>	
PB	00:31.74	
	00:31.74	
	.....	

Coach feedback:

**Event number: 31: 50M FREESTYLE MEN 13+ Heat:3, starttime: 14:18**

**Heat: 3/9 Lane : 6 Athlete: JANSSEN LANDER Q-time: 00:31:24**

**PB (50m pool): 00:34.90 Mol 25/06/2023 PB (25m pool): 00:32.01 SB: no time**

	<b>50 M</b>	
PB	00:34.90	
	00:34.90	
	.....	

Coach feedback:

**Event number: 31: 50M FREESTYLE MEN 13+ Heat:6, starttime: 14:21**

**Heat: 6/9 Lane : 2 Athlete: GERITS TUUR Q-time: 00:28:51**

**PB (50m pool): 00:28.51 Antwerpen 13/07/2025 PB (25m pool): 00:27.11 SB: no time**

	<b>50 M</b>	
PB	00:28.51	
	00:28.51	
	.....	

Coach feedback:

# PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: LWB

<b>Event number: 31: 50M FREESTYLE MEN 13+</b>		<b>Heat:6, starttime: 14:21</b>
<b>Heat: 6/9 Lane : 5 Athlete: JANSEN TOON</b>		<b>Q-time: 00:28:26</b>
PB (50m pool): 00:28.26 Antwerpen 13/07/2025 PB (25m pool): 00:27.60 SB: no time		
	<b>5 0 M</b>	
PB	00:28.26	
	00:28.26	
	.....	

Coach feedback:

<b>Event number: 33: 200M BREASTSTROKE MEN 13+</b>				<b>Heat:2, starttime: 14:44</b>
<b>Heat: 2/4 Lane : 2 Athlete: KAMAGATE TAMSI</b>				<b>Q-time: 02:59:53</b>
PB (50m pool): 02:59.53 SportinGenk Park 08/03/2025 PB (25m pool): 02:38.01 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>
PB	no time	01:25.86	no time	02:59.53
	no time			
	.....	.....	.....	.....

Coach feedback:

<b>Event number: 33: 200M BREASTSTROKE MEN 13+</b>				<b>Heat:3, starttime: 14:48</b>
<b>Heat: 3/4 Lane : 3 Athlete: JANSEN TOON</b>				<b>Q-time: 02:46:73</b>
PB (50m pool): 02:46.73 SportinGenk Park 08/03/2025 PB (25m pool): 02:37.99 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>
PB	no time	01:18.91	no time	02:46.73
	no time			
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Coach feedback:

<b>Event number: 33: 200M BREASTSTROKE MEN 13+</b>				<b>Heat:4, starttime: 14:51</b>
<b>Heat: 4/4 Lane : 7 Athlete: TOPS MIKA</b>				<b>Q-time: 02:42:45</b>
PB (50m pool): 03:26.97 Genk 26/01/2020 PB (25m pool): 02:42.45 SB: no time				
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>
PB	no time	no time	no time	03:26.97
	no time			
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Coach feedback:

# PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: LWB

<b>Event number: 35: 100M BACKSTROKE MEN 11+</b>		<b>Heat:8, starttime: 15:53</b>	
<b>Heat: 8/11 Lane : 3 Athlete: MANNAERTS MATHIAS</b>		<b>Q-time: 01:15:47</b>	
PB (50m pool): 01:15.47 Wezenberg 03/01/2026		PB (25m pool): 01:11.55 SB: 01:15.47 Wezenberg 03/01/2026	
	<b>50 M</b>	<b>100 M</b>	
PB	00:36.98	01:15.47	
	<i>00:36.98</i>	<i>00:38.49</i>	
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Coach feedback:

<b>Event number: 35: 100M BACKSTROKE MEN 11+</b>		<b>Heat:10, starttime: 15:57</b>	
<b>Heat: 10/11 Lane : 2 Athlete: MICHIELS PIETER</b>		<b>Q-time: 01:10:92</b>	
PB (50m pool): 01:10.92 SportinGenk Park 08/03/2025		PB (25m pool): 01:06.63 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:10.92	
	<i>no time</i>		
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Coach feedback:

<b>Event number: 36: 100M BACKSTROKE WOMEN 13+</b>		<b>Heat:5, starttime: 16:12</b>	
<b>Heat: 5/12 Lane : 2 Athlete: JANSEN NINA</b>		<b>Q-time: 01:24:27</b>	
PB (50m pool): no time		PB (25m pool): 01:24.27 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	<i>no time</i>		
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Coach feedback:

<b>Event number: 37: 200M MEDLEY MEN 13+</b>				<b>Heat:3, starttime: 16:39</b>
<b>Heat: 3/7 Lane : 2 Athlete: GERITS TUUR</b>				<b>Q-time: 02:45:87</b>
PB (50m pool): 02:45.87 SportinGenk Park 15/03/2025		PB (25m pool): 02:30.85 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>
PB	no time	no time	no time	02:45.87
	<i>no time</i>			
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Coach feedback:

# PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: LWB

<b>Event number: 37: 200M MEDLEY MEN 13+</b>				<b>Heat:3, starttime: 16:39</b>	
<b>Heat: 3/7 Lane : 3 Athlete: MANNAERTS MATHIAS</b>				<b>Q-time: 02:43:07</b>	
PB (50m pool): 02:55.55 SportinGenk Park 15/03/2025			PB (25m pool): 02:43.07 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:55.55	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 37: 200M MEDLEY MEN 13+</b>				<b>Heat:3, starttime: 16:39</b>	
<b>Heat: 3/7 Lane : 4 Athlete: JANSSEN LANDER</b>				<b>Q-time: 02:42:05</b>	
PB (50m pool): 02:42.05 SportinGenk Park 15/03/2025			PB (25m pool): 02:27.72 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:42.05	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 37: 200M MEDLEY MEN 13+</b>				<b>Heat:4, starttime: 16:42</b>	
<b>Heat: 4/7 Lane : 3 Athlete: JANSEN TOON</b>				<b>Q-time: 02:33:95</b>	
PB (50m pool): 02:33.95 SportinGenk Park 15/03/2025			PB (25m pool): 02:26.96 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:33.95	
	<i>no time</i>				
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Coach feedback:

<b>Event number: 37: 200M MEDLEY MEN 13+</b>				<b>Heat:6, starttime: 16:49</b>	
<b>Heat: 6/7 Lane : 5 Athlete: MICHIELS PIETER</b>				<b>Q-time: 02:27:27</b>	
PB (50m pool): 02:46.21 Antwerpen 17/07/2022			PB (25m pool): 02:27.27 SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:46.21	
	<i>no time</i>				
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Coach feedback: